

2001 California Dietary Practices Survey

Table 53: Consumption of Milk

Question: Yesterday, did you drink any milk, including chocolate milk, a fast-food milkshake, or have milk on cereal?

Was the milk you drank regular, reduced fat (2%), lowfat (1%), or nonfat (skim)?

Which kind did you drink the most?

| | Percent | | | |
|------------------------------|----------------|---------------|------------------|-------------------|
| | Drank Any Milk | Drank No Milk | Drank Whole Milk | Drank NonFat Milk |
| Total | 55 | 45 | 16 | 11 |
| Sex | | | | |
| Males | 60 ** | 40 ** | 19 *** | 9 *** |
| Females | 52 | 48 | 14 | 12 |
| Males | | | | |
| 18 - 24 | 63 | 37 | 24 | 10 |
| 25 - 34 | 59 | 41 | 22 | 9 |
| 35 - 50 | 61 | 39 | 20 | 8 |
| 51 - 64 | 57 | 43 | 19 | 9 |
| 65+ | 59 | 41 | 7 | 9 |
| Females | | | | |
| 18 - 24 | 57 | 43 | 24 ** | 8 ** |
| 25 - 34 | 58 | 42 | 20 | 16 |
| 35 - 50 | 46 | 54 | 11 | 10 |
| 51 - 64 | 46 | 54 | 11 | 8 |
| 65+ | 52 | 48 | 7 | 18 |
| Ethnicity | | | | |
| White | 58 ** | 42 ** | 12 *** | 14 *** |
| Hispanic | 58 | 42 | 30 | 5 |
| Black | 45 | 55 | 24 | 4 |
| Asian/ Pacific Islander | 43 | 57 | 11 | 7 |
| Education | | | | |
| Less than high school | 57 *** | 43 *** | 33 *** | 4 *** |
| High school graduate | 61 | 39 | 20 | 10 |
| Some college | 48 | 52 | 11 | 9 |
| College graduate | 57 | 43 | 11 | 15 |
| Income | | | | |
| Less than \$15,000 | 55 | 45 | 20 *** | 7 *** |
| \$15,000 - 24,999 | 60 | 40 | 20 | 6 |
| \$25,000 - 34,999 | 52 | 48 | 17 | 10 |
| \$35,000 - 49,999 | 55 | 45 | 15 | 11 |
| \$50,000+ | 56 | 44 | 11 | 16 |
| Physically Active | | | | |
| Did not meet recommendations | 55 | 45 | 18 * | 9 * |
| Met recommendations | 55 | 45 | 14 | 13 |
| Overweight Status | | | | |
| Overweight/Obese | 58 | 42 | 15 | 11 |
| Not overweight | 53 | 47 | 16 | 10 |

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi square test:

* p<.05

** p<.01

*** p<.001